

0.5 - 5 Years



6 Years - 9 Years

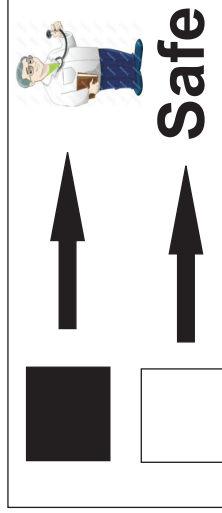


10 Years - 17 Years



18 Years - 59 Years

All Guidelines were adopted from World Health Organization and British Association for Parenteral and Enteral Nutrition



How to Use? or How to check risk of malnutrition ?
Cut the paper and measure the mid-arm distance as shown in the figure based on the age. Black color means, suggest the children/adult to meet the doctor as they are in underweight zone and white color means safe region.

