



## National Conference on Community Health and Nutrition

8<sup>th</sup> March 2015 – Jalandhar, Punjab

*Bringing together academic, clinical and community leaders to improve health through better nutrition*

**Venue: Conventional Hall, Pushpa Gujral Science City, Jalandhar-Kapurthala Road, Kapurthala, Punjab 144601**

**Any doubt about venue, Call to 0091 9041341927, 0091 9039886391, Dr. Aarti Malhosia, Organizing Secretary, NCCHN-2015**

Title	Author
Eye health :Effect of Nutrition	<b>Tania Moudgil</b> PIMS Medical & Education Charitable Society Garha Road, Jalandhar-144 006, Punjab
Promoting organic milk and milk products to ensure community health - a nutritional perspective	<i>Madhu Shelly*</i> , <i>N.S.Dhaliwal</i> , Krishi Vigyan Kendra, Muktsar
Oilseeds for Better Health	<b>Jain Rohini*</b> , <i>Singla Neerja</i> , <i>Grover Kiran</i> , Department of Food and Nutrition, Punjab Agricultural University, Ludhiana
Nutrition and Cognitive Status of School Going Children in West Delhi	<b>Seema Malik<sup>1*</sup></b> , <i>Sukhneet Sur<sup>2</sup></i> , <i>Vandana Singh<sup>3</sup></i> <sup>1</sup> Dietitian, Jalandhar, India, <sup>2</sup> Department of Foods and Nutrition, Vivekananda College, University of Delhi, Vivek Vihar, New Delhi, India, <sup>3</sup> School of Education, Indira Gandhi National Open University, Maidan Garhi, New Delhi, India.
Impact of Nutrition Education on the Dietary Behaviour and the Haemoglobin Status of the Rural Adolescent Girls	<b>Parminder Kaur<sup>1*</sup></b> , <i>Gurupdes Kaur<sup>2</sup></i> <sup>1</sup> Krishi Vigyan Kendra, Moga-142001, Punjab, India, <sup>2</sup> Krishi Vigyan Kendra, Patiala-142001, Punjab, India.
Empowerment of women SHGs through skill development and value addition	<b>Gurupdes Kaur<sup>1*</sup></b> , <i>Parminder Kaur<sup>2</sup></i> , <i>Jasvinder Singh<sup>1</sup></i> <sup>1</sup> Krishi Vigyan Kendra, Patiala, <sup>2</sup> Krishi Vigyan Kendra, Moga
Stress: A Silent Killer - Nutrition can help in Combating Stress	<b>Bhupender virk<sup>1*</sup></b> , <i>Kiran Pannu<sup>2</sup></i> , <i>Simran Pannu<sup>1</sup></i> <sup>1</sup> Surajmal Agarwal Girls college U.S.Nagar. Uttarakhand, <sup>2</sup> Lovely Professional University
Women's Reproductive Health: The Importance of Micronutrient Nutrition	<b>Pinki</b> , <i>Yadav Ankita</i> , <i>Awasthi Pratima</i> Department of Foods and Nutrition, College of Home Science, G.B. Pant University of Agriculture and Technology, Pantnagar-263145, Uttarakhand, India
Anthropometric Profile of Adult Women as Influenced by Dietary Protein and Exercise	<i>RituDhir</i> , <b>GurpreetKaur*</b> and <i>Kiran Bains</i> Department of Food and Nutrition, Punjab Agricultural University, Ludhiana-141001
Dietary Intervention and Protein supplementation in Chronic Kidney Disease patients undergoing Haemodialysis	<b>Cheenam Bhatia<sup>1*</sup></b> , <i>Leena Parihar<sup>2</sup></i> <sup>1</sup> School of Biotechnology & Biosciences, Lovely Professional University, Punjab <sup>2</sup> Fortis Escorts Hospital, Amritsar
Bidirectional association between depression and incidence of type II Diabetes: A review of literature.	<b>Vaishali Gautam*</b> , <i>Migom Doley</i> Department of Community Medicine, University College of Medical Sciences and Guru Teg Bahadur Hospital, New Delhi
Elderly recreation centers: A novel idea for the care of the poor elderly in rural India	<b>Sherin Susan Paul</b> RUHSA, Christian Medical College, Vellore, Tamilnadu, India, 632 209



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Role of Indian Traditional Diet in Stress Management: A study amongst Delhi youth	<b>Rao E. S*</b> , Bajpai M., Jindal R. Bhaskaracharya College of Applied Sciences, University of Delhi, Dwarka, N.Delhi
Can incentives catalyze safe motherhood behaviour: An appraisal of the Surakshit Maa Award in Jhajjar	<b>Sunaina Batra and Sarita Anand</b> Dept of Development Communication & Extension, Lady Irwin College, Delhi University
Study of household accident prone areas in rural Punjab	<b>Bibhava Vikramaditya</b> Dayanand Medical College, Ludhiana
Physical Activity and Metabolic Syndrome in Indian Urban Adults	<b>Sharma M, Mahna M*</b> Institute of Home Economics, Delhi University
Impact of Nutritional Inputs on Knowledge, Attitude and Practices (Kap) among School Going Adolescent Girls	<b>Priya Singla*</b> , Kiran Grover and Ravinder Dhaliwal Department of Food and Nutrition, Punjab Agricultural University, Ludhiana-141001
Exogenous and Endogenous determinant of Xenobiotic Metabolism Fate in Humans	<b>Gurpreet Kaur<sup>1</sup></b> , A. K. Jain <sup>1</sup> , Sandeep Singh <sup>2</sup> <sup>1</sup> Centre for Environmental Science and Technology, Central University of Punjab, Bathinda-151001, India, <sup>2</sup> Centre for Genetic Diseases and Molecular Medicine, Central University of Punjab, Bathinda-151001, India.
Quinoa – A treasure trove of nutrients	<b>Simran Bathal*</b> , Navjot Kaur Gill, Kiran Grover Department of Food and Nutrition, Punjab Agricultural University, Ludhiana
The Relationship between Environment and Health: Focusing on Children Health	<b>Ramandeep Singh Sidhu</b> Central University of Punjab Bathinda
सामुदायिक स्वास्थ्य कि संस्कृति: एक विमर्श	<b>अर्जुन कुमार सिंह,</b> Department of Fine Arts, Lovely Professional University, Punjab
Assessment of Nutritional Status of Primary School Going Children Living in New Delhi	<b>Subramanian A*</b> , Kapur D, School of Continuing Education (SOCE), IGNOU, New Delhi, India
समुदायिक स्वास्थ्य मे योगा की भूमिका	<b>डा. कुलबीर कौर विक</b> , सहायक प्रोफेसर, परफारमिंग आर्ट डिपार्टमेंट, लवली प्रोफेशनल यूनिवर्सिटी
Psychological state of an artist is effective for human health	<b>M. Pavan Kumar</b> , Andhra University, Andhra Pradesh
The Therapeutic Impact of Art on Community Health	<b>Tikendra Kumar Sahu</b> , Department of Fine Art, Lovely Professional University, Punjab.
Patient Counseling as a Means to Improve Patient Medication Adherence	<b>Tambe Daniel Atem</b> East-West College Of Pharmacy, Bangalore
Community level Prevention of Trachoma	<b>Ajay Kumar</b> , Department of Ophthalmology, Dr. R.P.Centre, AIIMS, New Delhi